



Defeat the sweet pledges

We have a whole school food policy

No food/drink rewards/treats offered

Water/milk are the only permitted drinks

We hold at least one assembly a year on healthy eating

Our caterer limits sugar to 8g per dessert portion

In cooking lessons we cook savoury dishes only

We only allow fruit or vegetables at snack time

We provide information to children/families about healthy eating

Sweets and chocolate are not allowed in packed lunches

We participate in National Smile Month