



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Fundamentals	Fundamentals	Dance	Gymnastics	Ball skills	Games
Y1 (teacher led)	Fundamentals	Send and Receive	Team building	Gymnastics	Invasion games	Athletics
Y1 (specialist instructor led)	Manipulating equipment	Ball skills	Fitness	Dance	Net/wall	Striking and Fielding
Y2 (teacher led)	Fundamentals	Send and Receive	Fitness	Dance	Net/Wall	Athletics
Y2 (specialist instructor led)	Manipulating equipment	Team building	Gymnastics	Invasion games	Striking and Fielding	Tactical games (capture the flag)
Y3 (teacher led)	Fundamentals	Swimming	Invasion games (Netball)	Invasion games (Netball)	Fitness	Athletics
Y3 (specialist instructor led)	Net/Wall (Tennis)	Net/Wall (Tennis)	Gymnastics	Dance	Striking and Fielding (Cricket focus)	Striking and Fielding (Rounders focus)
Y4 (teacher led)	Fitness	Dance	Swimming	Swimming	Striking and Fielding (Rounders)	Striking and Fielding (Rounders)
Y4 (specialist instructor led)	Invasion Games (Football)	Invasion Games (Football)	Net/Wall (Volleyball)	Net/Wall (Volleyball)	Gymnastics	Athletics
Y5 (teacher led)	Fitness	Dance	Net/Wall (Tennis)	Net/Wall (Tennis)	Swimming	Swimming
Y5 (specialist instructor led)	Invasion Games (Tag-Rugby)	Invasion Games (Tag-Rugby)	Striking and Fielding (Kwik cricket)	Striking and Fielding (Kwik cricket)	Gymnastics	Athletics
Y6 (teacher led)	Swimming	Dance	Net/Wall (Badminton)	Net/Wall (Badminton)	Athletics	Striking and Fielding (Rounders)
Y6 (specialist instructor led)	Fitness	Gymnastics	Invasion Games (Hockey)	Invasion Games (Hockey)	Striking and Fielding (Cricket)	Striking and Fielding (Cricket)