



Staniland Academy PSHE and RSE Overview



	Autumn	Spring	Summer
EYFS	PSED-SCSA, MFB, MR Aut 1 New beginnings Aut 2 Getting on and falling out	PSED-SCSA, MFB, MR Spr 1 Going for Goals Spr 2 Good to be me	PSED-SCSA, MFB, MR Sum 1 Relationships Sum 2 Changes
Year 1	Aut 1 -Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities Aut 2 -Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse	Spr 1 -Relationships/Friendships Ourselves Growing and Changing Spr 2 -Being Responsible Families and Close Personal Relationships	Sum 1 -Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2 -Money Matters Safe Relationships, Communities Economic Well-being/Money
Year 2	Aut 1 -Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities Aut 2 -Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse	Spr 1 -Relationships/Friendships Ourselves Growing and Changing Spr 2 -Being Responsible Families and Close Personal Relationships	Sum 1 -Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2 -Money Matters Safe Relationships, Communities Economic Well-being/Money
Year 3	Aut 1 -Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities Aut 2 -Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse	Spr 1 -Relationships/Friendships Ourselves Growing and Changing Spr 2 -Being Responsible Families and Close Personal Relationships	Sum 1 -Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2 -Money Matters Safe Relationships, Communities Economic Well-being/Money
Year 4	Aut 1 -Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities Aut 2 -Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse	Spr 1 -Relationships/Friendships Ourselves Growing and Changing Spr 2 -Being Responsible Families and Close Personal Relationships	Sum 1 -Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2 -Money Matters Safe Relationships, Communities Economic Well-being/Money
Year 5	Aut 1 -Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities Aut 2 -Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse	Spr 1 -Relationships/Friendships Ourselves Growing and Changing Spr 2 -Being Responsible Families and Close Personal Relationships	Sum 1 -Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2 -Money Matters Safe Relationships, Communities Economic Well-being/Money
Year 6	Aut 1 -Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities Aut 2 -Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse	Spr 1 -Relationships/Friendships Ourselves Growing and Changing Spr 2 -Being Responsible Families and Close Personal Relationships	Sum 1 -Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2 -Money Matters Safe Relationships, Communities Economic Well-being/Money

Year 3 Term	Autumn	Spring	Summer
Theme N.C PoS	Respect Rules Staying Safe-1D Leaning out of Windows-1D R25-Physical contact R27-Keeping secrets L4-Compassion, care, concern Medicine-1D H4-Positive & Negative habits H5-Good physical health H48-Use/not use drugs H15-Importance of mental health (Anti-Bullying Week R19, R20, R21)	Is it safe to eat/drink?-1D R11 Positive friendships R13-Seeking help if lonely BV-Democracy/Rule of Law Helping Someone in Need-1D Stealing-1D R1-Different types of relationships BV-Liberty/Respect and Tolerance	Anger-1D Grief-1D R19-Impact of bullying R20-Strategies respond to bullying R30-Respectful personal behaviour R32-Differences & similarities Computer Safety-1D L20-People's spending decisions L25-Positive things about themselves L26-Range of jobs H24/36 Transition (Feelings/changes)
Skills to be covered	<ul style="list-style-type: none"> -School rules about health and safety, basic emergency aid procedures, where and how to get help. -To differentiate between the terms, 'risk', 'danger' and 'hazard.' -To recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable, anxious or that they believe to be wrong. -That their actions affect themselves and others. 	<ul style="list-style-type: none"> -Why and how rules and laws that protect themselves and others are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules. -To resolve differences by looking at alternatives, seeing and respecting others' points of view, making decisions and explaining choices. -To think about the lives of people living in other places, and people with different values and customs. -To recognise and respond appropriately to a wider range of feelings in others. -To listen and respond respectfully to a wide range of people, to feel confident to raise their own concerns, to recognise and care about other people's feelings and to try to see, respect and if necessary constructively challenge their points of view. 	<ul style="list-style-type: none"> -To recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them. -The importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others. -To recognise and manage 'dares'. -That pressure to behave in an unacceptable, unhealthy or risky way can come from a variety of sources, including people they know and the media. -To explore and critique how the media present information.