



Staniland Academy PSHE and RSE Overview



	Autumn	Spring	Summer
EYFS	<p>PSED-SCSA, MFB, MR</p> <p>Aut 1 New beginnings Aut 2 Getting on and falling out</p>	<p>PSED-SCSA, MFB, MR</p> <p>Spr 1 Going for Goals Spr 2 Good to be me</p>	<p>PSED-SCSA, MFB, MR</p> <p>Sum 1 Relationships Sum 2 Changes</p>
Year 1	<p>Aut 1-Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities</p> <p>Aut 2-Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse</p>	<p>Spr 1-Relationships/Friendships Ourselves Growing and Changing</p> <p>Spr 2-Being Responsible Families and Close Personal Relationships</p>	<p>Sum 1-Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2-Money Matters Safe Relationships, Communities Economic Well-being/Money</p>
Year 2	<p>Aut 1-Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities</p> <p>Aut 2-Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse</p>	<p>Spr 1-Relationships/Friendships Ourselves Growing and Changing</p> <p>Spr 2-Being Responsible Families and Close Personal Relationships</p>	<p>Sum 1-Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2-Money Matters Safe Relationships, Communities Economic Well-being/Money</p>
Year 3	<p>Aut 1-Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities</p> <p>Aut 2-Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse</p>	<p>Spr 1-Relationships/Friendships Ourselves Growing and Changing</p> <p>Spr 2-Being Responsible Families and Close Personal Relationships</p>	<p>Sum 1-Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2-Money Matters Safe Relationships, Communities Economic Well-being/Money</p>
Year 4	<p>Aut 1-Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities</p> <p>Aut 2-Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse</p>	<p>Spr 1-Relationships/Friendships Ourselves Growing and Changing</p> <p>Spr 2-Being Responsible Families and Close Personal Relationships</p>	<p>Sum 1-Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2-Money Matters Safe Relationships, Communities Economic Well-being/Money</p>
Year 5	<p>Aut 1-Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities</p> <p>Aut 2-Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse</p>	<p>Spr 1-Relationships/Friendships Ourselves Growing and Changing</p> <p>Spr 2-Being Responsible Families and Close Personal Relationships</p>	<p>Sum 1-Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2-Money Matters Safe Relationships, Communities Economic Well-being/Money</p>
Year 6	<p>Aut 1-Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities</p> <p>Aut 2-Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse</p>	<p>Spr 1-Relationships/Friendships Ourselves Growing and Changing</p> <p>Spr 2-Being Responsible Families and Close Personal Relationships</p>	<p>Sum 1-Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2-Money Matters Safe Relationships, Communities Economic Well-being/Money</p>

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Year 1 Term	Autumn	Spring	Summer
Theme N.C PoS	Respect Rules Road Safety-1D H33 People who keep us safe H28 Age restrictions rules L2 Different needs-caring for them R17-Asking for permission Washing Hands-1D Is it safe to play with? 1D H3 Physical Activity H4 Importance of Sleep H10 People help us to be physically healthy (Anti-Bullying Week R10, R11, R12, R19, R20)	Friendship-1D R6 Make friends R7 Recognise loneliness H21 Makes them special H22 We are all unique BV-Democracy/BV-Respect and Tolerance Making Choices-1D H23 What good at/likes/dislikes R1 Roles people play R2 People who love and care R5 Tell someone if family makes sad BV-Rule of Law/BV-Liberty	Online Bullying-1D L7- Internet use research and communication L8 Role of internet in everyday life R21 Kind/unkind behaviour R23 Ways same/ different Water Spillage-1D L4 Different groups belong to L13 Different ways to look after money L14 Everyone has strengths L15 Jobs help people pay for things H27 Transition (Feelings/changes)
Skills to be covered	<ul style="list-style-type: none"> -What constitutes a healthy lifestyle including the benefits of physical activity, rest, healthy eating and dental health. -To recognise what they like and dislike, how to make real, informed choices that improve their physical and emotional health. -The importance of and how to maintain personal hygiene. -That household products, including medicines, can be harmful if not used properly. -To recognise different types of teasing and bullying, to understand that these are wrong and unacceptable. -To recognise when people are being unkind either to them or others, how to respond, who to tell and what to say. -To help construct, and agree to follow, group and class rules and to understand how these rules help them. 	<ul style="list-style-type: none"> -To recognise that choices can have good and not so good consequences. -About the process of growing from young to old and how people's needs change. -About people who look after them, their family networks, who to go to if they are worried and how to attract their attention, ways that pupils can help these people to look after them. -About change and loss and the associated feelings (including moving home, losing toys, pets or friends). -To communicate their feelings to others, to recognise how others show feelings and how to respond. -To share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class. -To listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation). -To identify their special people (family, friends, carers), what makes them special and how special people should care for one another. 	<ul style="list-style-type: none"> -That they belong to various groups and communities such as family and school. -To identify ways in which they are all unique; understand that there has never been and will never be another 'them'. -To recognise how their behaviour affects other people. -To recognise what is fair and unfair, kind and unkind, what is right and wrong. -How to contribute to the life of the classroom. -To know about the 'special people' who work in their community and who are responsible for looking after them and protecting them; how people contact those special people when they need their help, including dialling 999 in an emergency. -That money comes from different sources and can be used for different purposes, including the concepts of spending and saving.