



Staniland Academy PSHE and RSE Overview



	Autumn	Spring	Summer
EYFS	<p>PSED-SCSA, MFB, MR</p> <p>Aut 1 New beginnings Aut 2 Getting on and falling out</p>	<p>PSED-SCSA, MFB, MR</p> <p>Spr 1 Going for Goals Spr 2 Good to be me</p>	<p>PSED-SCSA, MFB, MR</p> <p>Sum 1 Relationships Sum 2 Changes</p>
Year 1	<p>Aut 1-Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities</p> <p>Aut 2-Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse</p>	<p>Spr 1-Relationships/Friendships Ourselves Growing and Changing</p> <p>Spr 2-Being Responsible Families and Close Personal Relationships</p>	<p>Sum 1-Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2-Money Matters Safe Relationships, Communities Economic Well-being/Money</p>
Year 2	<p>Aut 1-Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities</p> <p>Aut 2-Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse</p>	<p>Spr 1-Relationships/Friendships Ourselves Growing and Changing</p> <p>Spr 2-Being Responsible Families and Close Personal Relationships</p>	<p>Sum 1-Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2-Money Matters Safe Relationships, Communities Economic Well-being/Money</p>
Year 3	<p>Aut 1-Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities</p> <p>Aut 2-Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse</p>	<p>Spr 1-Relationships/Friendships Ourselves Growing and Changing</p> <p>Spr 2-Being Responsible Families and Close Personal Relationships</p>	<p>Sum 1-Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2-Money Matters Safe Relationships, Communities Economic Well-being/Money</p>
Year 4	<p>Aut 1-Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities</p> <p>Aut 2-Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse</p>	<p>Spr 1-Relationships/Friendships Ourselves Growing and Changing</p> <p>Spr 2-Being Responsible Families and Close Personal Relationships</p>	<p>Sum 1-Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2-Money Matters Safe Relationships, Communities Economic Well-being/Money</p>
Year 5	<p>Aut 1-Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities</p> <p>Aut 2-Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse</p>	<p>Spr 1-Relationships/Friendships Ourselves Growing and Changing</p> <p>Spr 2-Being Responsible Families and Close Personal Relationships</p>	<p>Sum 1-Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2-Money Matters Safe Relationships, Communities Economic Well-being/Money</p>
Year 6	<p>Aut 1-Keeping/Staying Safe/Safe Relationships/ Shared Responsibilities</p> <p>Aut 2-Keeping/Staying Healthy Mental Health Healthy Lifestyles/Substance Abuse</p>	<p>Spr 1-Relationships/Friendships Ourselves Growing and Changing</p> <p>Spr 2-Being Responsible Families and Close Personal Relationships</p>	<p>Sum 1-Feelings & Emotions Managing hurtful behaviour & Bullying Media Literacy & Digital Resilience Respecting Self & Others Sum2-Money Matters Safe Relationships, Communities Economic Well-being/Money</p>

Year 2 Term	Autumn	Spring	Summer
Theme N.C PoS	Respect Rules R22 Respect and polite R25 Share own opinions Tying Shoelaces-1D H35/36 Accident/ emergency/999 R18 Not keeping adults' secrets Healthy Eating-1D Brushing Teeth-1D H6-Medicines H31 Household products H17 Things that feel good H37-Things put in body/on skin (Anti-Bullying Week R10, R11, R12, R19, R20)	Bullying-1D Body Language-1D Touch-1D R9 Help if friendship sad H20 Change and loss-death H25 Name main body parts + R13 parts are private, cover them BV-Democracy/BV-Respect and Tolerance Practise makes perfect-1D Jealousy-1D R3 Different types of family R4 Features of family life BV-Rule of Law/BV-Liberty	H8 Sun safety Worry-1D Making Friends Online-1D Computer Safety-1D L3-Looking after environment H9-Break from screen time Money Matters-1D L5 Roles & responsibilities in community L16 Different jobs people do L17 Strengths and interests needed for jobs H 18/24-Managing when things difficult H27 Transition (Feelings/changes)
Skills to be covered	<ul style="list-style-type: none"> -To recognise that they share a responsibility for keeping themselves and others safe, when to say, 'yes', 'no', 'I'll ask' and 'I'll tell'. -Rules for and ways of keeping physically and emotionally safe (including safety online, the responsible use of ICT, the difference between secrets and surprises and understanding not to keep adults' secrets; road safety, cycle safety and safety in the environment (including sun, rail, water and fire safety). -The difference between secrets and surprises and the importance of not keeping adults' secrets, only surprises. -To understand and adopt strategies to resist teasing and bullying, if they experience or witness it, whom to go to and how to get help. -How some diseases are spread and can be controlled and the responsibilities they have for their own health and that of others. -Understand the ways in which we are the same as all other people; what we have in common with everyone else. 	<ul style="list-style-type: none"> -The names for the main parts of the body (including external genitalia) the similarities and differences between boys and girls. -To understand what is meant by 'privacy'; their right to keep things 'private'; the importance of respecting others privacy. -About good and not so good feelings, a vocabulary to describe their feelings to others and simple strategies for managing feelings. -To identify and respect the differences and similarities between people. -To listen to other people and play and work cooperatively (building from Year 1 to further develop strategies to resolve disputes through negotiations). -To judge what kind of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond (including who to tell and how to tell them). -That people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable). 	<ul style="list-style-type: none"> -To know about the 'special people' who work in their community and who are responsible for looking after them and protecting them; how people contact those special people when they need their help, including dialling 999 in an emergency (build on knowledge and understanding from Year 1). -To think about themselves, to learn from their experiences, to recognise and celebrate their strengths and set simple but challenging goals. -About growing and changing and new opportunities and responsibilities that increasing independence may bring. -That people and other living things have needs and that they have responsibilities to meet them (including being able to take turns, share and understand the need to return things that have been borrowed). -To offer constructive support and feedback to others. -About the role money plays in their lives including how to manage their money, keep it safe, choices about spending money and what influences those choices. -Rules for and ways of keeping physically and emotionally safe (including safety online, the responsible use of ICT).